

November 2021



Sunday	Monday 416 King St	Tuesday LCLC	Wednesday 416 King St	Thursday 75 High Street	Friday 416 King Street	Saturday 416 King St
	1 No Programs Scheduled	2 Drop In Street Hockey Back Parking Lot of LCLC 6:30—8:30 All ages & experience	3 YEAH! Program 5:00—6:30 Youth Leader Program 6:30 - 7:30 Chill Zone 7:30 –9:00	4 Youth Conditioning 6:00—7:00 Youth Basketball 7:00—9:00	5 Dinner & Movie/Game Night CORN CHOWDER & ROLLS 5:30 –9:00	6 Chill Zone 1:00 - 4:00
7 Youth Centre Closed	8 No Programs Scheduled	9 Drop In Street Hockey Back Parking Lot of LCLC 6:30—8:30 All ages & experience	10 YEAH! Program 5:00—6:30 Youth Leader Program 6:30 - 7:30 Chill Zone 7:30 –9:00	11 REMEMBRANCE DAY Youth Conditioning & Youth Basketball CANCELED	12 Dinner & Movie/Game Night BEEF & BROCCOLI & RICE and BANANA HONEY COOKIES 5:30 –9:00	13 Chill Zone 1:00 - 4:00
14 Youth Centre Closed	15 No Programs Scheduled	16 Drop In Street Hockey Back Parking Lot of LCLC 6:30—8:30 All ages & experience	17 YEAH! Program 5:00—6:30 Youth Leader Program 6:00 - 7:30 Chill Zone 7:30 –9:00	18 Youth Conditioning 6:00—7:00 Youth Basketball 7:00—9:00	19 Dinner & Movie/Game Night CHICKEN DRUMSTICKS with MASHED POTATOES & VEGGIES 5:30 –9:00	20 Chill Zone 1:00 - 4:00
21 Youth Centre Closed	22 No Programs Scheduled	23 Drop In Street Hockey Back Parking Lot of LCLC 6:30—8:30 All ages & experience	24 YEAH! Program 5:00—6:30 Youth Leader Program 6:00 - 7:30 Chill Zone 7:30 –9:00	25 Youth Conditioning 6:00—7:00 Youth Basketball 7:00—9:00	26 Dinner & Movie /Game Night SPAGHETTI BOLOGNESE & GARLIC BREAD 5:30 –9:00	27 Chill Zone 1:00 - 4:00
28 Youth Centre Closed	29 No Programs Scheduled	30 Drop In Street Hockey Back Parking Lot of LCLC 6:30—8:30 All ages & experience LAST NIGHT OF SEASON!!!!				

Program Descriptions

- All youth program, workshops and camps are **FREE & Drop In**. **All participants 12yrs and up must show proof of vaccination for ALL programs.**
- For information on youth programs, please contact Kim Whitman-Mansfield, Youth Coordinator at kim.whitman-mansfield@ns.ymca.ca or call 902-530-3392

Friday

Dinner & Movie/Board Games—Drop in.

Time: 5:30—9:00

A chance for youth to gather, enjoy a home cooked meal and watch a movie together. All meals will be provided.

No pre-registration required.

Saturday

Chill Zone—Drop In.

Time: 1:00—4:00

Come chill and enjoy all the youth centre has to offer! Pool table, air hockey table, foosball table, over 40 board games, Xbox, Wii, video games, Netflix, and free Wi-Fi.

No pre-registration required.

Wednesday

Youth Leader Program & Chill Zone—Drop In.

Time: 6:00—9:00

This program prioritizes leadership training through participation in skill development session, teamwork, self-government and volunteer placement. Through workshops, guest speakers, activities, role playing, etc. Youth are engaged in present day issues, solution focused techniques, and skill building activities that will give them the tools they need to be the leaders of today.

No pre-registration required.

Or...Join us virtually each week or when you can't make it!

Join Zoom Meeting

<https://us02web.zoom.us/j/89670117597?pwd=aVRxMENzamxFVUw5ZnpqOThoZ1NqQT09>

Meeting ID: 896 7011 7597

Passcode: 215468

Tuesday

Time: 6:30 - 8:30

Drop In Street Hockey at the LCLC (Back parking lot, under the lights behind the Library) — All equipment provided!

All ages & experience welcome!!

No pre-registration required.

Thursday

Lunenburg County YMCA, 75 High Street (Fitness Centre)

Youth Conditioning — Drop In

Time: 6:00—7:00

The YThrive program features 5 unique streams of workouts for youth to choose from based on their health & fitness goals. A dedicated team of YThrive coaches are on site to support youth as they find their ideal program!

No pre- registration required.

Thursday

NSSC Gymnasium (Enter through Lunenburg County YMCA, 75 High Street)

Youth Basketball — Drop In

Time: 7:00—9:00

Provides opportunities for youth to be active, have fun, and enhance their skills in a supervised setting
All basketballs provided

No pre- registration required.

SPECIAL Program Description

Wednesday

Youth Entrepreneurship Program (YEAH!)

Time: 5:00—6:30

This FREE program provides youth with an opportunity to explore an existing business idea or simply learn about entrepreneurship.

Pre-registration required—contact (Email: Juanita@masjuplab.ca or check out www.mashuplab.ca/yeah)

This opportunity is possible through the partnership of Mashup Labs and NOW Lunenburg County)